

YORK IA NEWSLETTER

Autumn 2007

Autumn Meeting

Our Autumn meeting will be at the New Earswick Folk Hall on October 20th.

Diary Dates

News of upcoming meetings.

New Committee Members

Two new members join committee at AGM.

Fund Raising

Three Peaks Walk.

Internal Pouch News

IA launches new Internal Pouch Travel Card.

Newsletters via e-mail

A number of members are now receiving these newsletters via e-mail, would you like to do the same? Not only would this save us time and money, it's better for the environment too.

If you would, please let us know by sending an e-mail to newsletters@york-ia.org.uk and in future your newsletter will be delivered electronically. You can always revert back to the traditional paper newsletters should you wish

Welcome to our Autumn newsletter, we hope you all had an enjoyable summer despite the appalling weather. We'd like to welcome a number of new members who have joined us in that time. Membership this year has shown a healthy increase.

Autumn Meeting

Our Autumn meeting will be held at the New Earswick Folk Hall on the 20th October from 10.30 a.m. We will be holding the usual raffle and the manufacturers will be present with their displays and samples. There will be a speaker. Light refreshments will be served in the cafeteria.

Once again we have spent some of our funds to provide equipment for use in the stoma clinics of one of our local hospitals and we will be making a presentation to Sister Elaine Bentley of Harrogate General Hospital. We are buying a number of the Valley Cushions for use by patients who have had recent surgery and may have difficulty sitting, these are inflatable and the pressure can be adjusted for most comfort. We are also buying a digital camera for use by the nurses to take photos of problematic stomas and skin problems which can be then sent on to the specialists to enable speedier diagnosis and hence treatment of the problems. A portable DVD player will be useful for showing videos to patients about their upcoming surgery. The National Executive currently have a scheme where they will match any donations we make and we plan to apply for this so that we will be able to do the same for another of our local hospitals early next year.

Attendances continue to be encouraging at our new location and if you've not managed to get along for some time why not come along and join us. If you would like to attend but have difficulty getting transport please call Brian Turner on 01904 633966 as we have a few members who are happy to collect other members and drop them back home once the meeting is over. If transport is a problem for you give us a call and we will see if we can put the two parties together.

Diary Dates

Autumn Meeting - Will be held in the New Earswick Folk Hall on 20th October 2007 from 10.30 to about 13.00.

Coffee Morning - Our regular coffee morning at Heworth Methodist Church will take place on 27th October 2007 from 10.00am to 12.00pm. Cakes and small items welcome for sale.



The ileostomy & internal pouch
Support Group

Freephone: 0800 0184 724 Email: info@iasupport.org Website: www.iasupport.org

President: Professor Norman Williams MS FRCS FMedSci

Registered Charity

40th Anniversary Celebrations

Next year sees the 40th anniversary of the first IA meeting held in York. At our AGM on April 19th we will be holding a free celebratory lunch and hopefully have some entertainment too. It would be nice to see as many members there as possible.

New Committee Members

At our AGM in April two members joined the committee. Jenny Black is taking over the role of Visiting Coordinator and will be liaising with the local stoma nurses and National Office to organize our visiting services.

Stuart Bradley has taken up the position of Young IA Coordinator and will be working with National Young IA looking after the interests of and arranging social events for our younger members.

Fund Raising

In May Stuart Bradley and his wife Nichola took part in the 3 Peaks Walk to raise funds for York IA. This is a challenge that takes in Pen-y-Ghent, Wherside, and Ingleborough and should be completed inside twelve hours. They completed the walk in about ten and half hours and in the process raised a magnificent sum of almost £1200 which will go towards funding some of our donations to the local hospitals, please join us in thanking them for such a fantastic effort.



Internal Pouch News

For a long time the appliance manufacturers have produced travel certificates for ileostomists, until now this has not been available to people with internal pouches. IA has produced a pocket sized travel card especially for pouchies that explain their surgery and special needs in multiple languages and we have a number of these available. If you would like one of these please let John know by calling 01759 380102 or e-mailing to john@york-ia.org.uk.

Rachel Hayward the new Internal Pouch Coordinator has been in touch with the Group to introduce herself and ask for our support and find out what she and her committee can do to help members who already have and those considering an internal pouch. She and her committee organized a well attended social event in York on October 6th, news from that will appear in our Spring newsletter.

Visitors Course

The next visiting course is due to take place in the spring or summer of 2008 and applications are being taken now. If you are interested in becoming a trained visitor (the course is three days spread over two weekends) you will need to apply soon and be sponsored by a committee member and your local stoma nurse. All visitors also need to complete an enhanced CRB check. If you would like to take part please contact a member of the committee.