

YORK IA NEWSLETTER

Autumn 2008

Meetings

Our Autumn meeting will be at the New Earswick Folk Hall on October 18th.

Diary Dates

News of upcoming meetings and events.

Internal Pouch News

Internal Pouch Information Day

Fund Raising

New ways to help raise funds for York IA.

Newsletters via e-mail

A number of members are now receiving these newsletters via e-mail, would you like to do the same? Not only would this save us time and money, it's better for the environment too.

If you would, please let us know by sending an e-mail to newsletters@york-ia.org.uk and in future your newsletter will be delivered electronically.

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Welcome to our Autumn newsletter, we hope you all had an enjoyable summer, what little there was of it and the recent heavy rainfall hasn't caused you too many problems. We've been joined by a steady stream of new members and we'd like to welcome them to our organization.

Autumn Meeting

Our Autumn meeting will be held at the New Earswick Folk on October 18th from about 10.30am until about 1.00pm. There will be the usual raffle and manufacturer displays and a speaker. Light refreshments will be served in the cafeteria.

Attendances continue to be encouraging at our new location and if you've not managed to get along for some time why not come along and join us? If you would like to attend but have difficulty getting transport please call Brian Turner on 01904 633966 as we have a few members who are happy to collect other members and drop them back home once the meeting is over. If transport is a problem for you give us a call and we will see if we can put the two parties together.

West Riding IA and NACC have extended an invitation to our members to join them for a few drinks in Albert's Room at the Victoria Hotel, Great George Street, Leeds LS1 3BB. Family and friends are welcome and as an added bonus, the first drink is free!

Diary Dates

18th October – Autumn meeting at the New Earswick Folk Hall.
21st October - West Riding IA and NACC social meet in Albert's Room at the Victoria Hotel, Great George Street,.
25th October – Coffee morning at the Heworth Methodist Church
1st November – Internal Pouch Information Day – see overleaf

40th Anniversary Celebrations

On the 19th April a good sized crowd of members both new and old joined us at the New Earswick Folk Hall to celebrate the 40th Anniversary of the first meeting of IA to be held in York and the beginning of what was to become York IA. All our previous Presidents joined us and Joyce Gallon, our first Secretary was present too. National



The Ileostomy & Internal Pouch
Support Group

Freephone: 0800 0184 724 Email: info@iasupport.org Website: www.iasupport.org
President: Professor Norman Williams MS FRCS FMedSci

Registered Charity



Secretary, Anne Demick spent the day with us and gave us a talk about her lengthy involvement with IA and took the opportunity to meet with many of our members. After our AGM We enjoyed a celebratory lunch and were treated to some fine entertainment by some very talented singers.

With some of the funds we have raised over the past year and an equal amount provided by National Office's 'Matched Funding' scheme we bought a couple of our local hospitals a number of items to be used by the Stoma Care Nurses. Joan Tickle from Friarage Hospital in Northallerton and Amanda Rowe from Scarborough Hospital were both presented with Valley Cushions, digital cameras and portable DVD players for use in their clinics.

Internal Pouch News

As you may have read in the latest Journal IA are organizing an Internal Pouch Information Day in London on the 1st November. This should be useful to anybody who has or is considering an internal or has that option available to them. It will be an opportunity to learn about the surgery and life with an internal pouch as well as the chance to meet others who have been through the procedure and come through the other side. The Pouch Subcommittee are also arranging dinner on the night before and the night of the event for those who would like to meet in a less formal way.

York IA are looking to sponsor one of our members to attend this event, your booking fee, transport and one evenings accommodation will be paid for. What do we want in return? Well we'd like a report on the event for our newsletter (and possibly for inclusion in the IA Journal), and for you to tell our members about the event at our AGM. If you are interested in attending, whether you are seeking sponsorship or not, please contact the Treasurer for details as soon as possible

National Council 2009

National Council, as well as being the National bodies AGM is a very important event in IA's calendar. It is an opportunity to meet with other groups in both formal and informal situations and share ideas. We learn about IA's plans going forward and a variety of workshops give us ideas how best we can serve the needs of our members and indeed anybody facing the sort of surgery most of us have already experienced. As usual York IA will be sending a strong delegation along and would like to sponsor one of our members to attend and hopefully inspire them to become more actively involved with our organization.

If you are interested in attending and would like more details please contact a member of the committee.

Fund Raising

Do you use the internet? If so there is now a very easy way to help raise funds for York IA simply by searching the web. All you need to do is use our page on EasySearch as your search engine. How do we do this? Instead of using your regular search engine (Google, Yahoo, Ask etc.) when searching for something on the internet simply go to <http://yorkia.easysearch.org.uk> and enter your search there. If you are a power user and have Firefox or Internet Explorer 7 as your browser you can add this to the list of search providers (and ideally make it the default) in the search toolbar. Each search you make will raise about 0.5p for York IA, while this doesn't sound much it quickly mounts up and an average internet user can easily raise £20 a year and a heavy user can raise much more, this can multiply quite quickly if all your family members or co-workers use it too. It is quite straightforward to set up your browser but if you have any difficulty contact the treasurer who will guide you through it.

If you shop online using any of the retailers listed by <http://www.easyfundraising.org.uk> each purchase can raise funds too. Simply select York IA as your cause and click on the EasyFundraising link to your retailer and we will receive a percentage of any purchase you make, at no cost to yourself.