

YORK IA NEWSLETTER

Spring 2009

Meetings

Our Spring meeting and AGM will be at the New Earswick Folk Hall on April 18th.

Diary Dates

News of upcoming meetings and events.

York IA Online

York IA joins the digital age with the launch of their new website

Internal Pouch News

News from the first Internal Pouch Information Day.

Newsletters via e-mail

A number of members are now receiving these newsletters via e-mail, would you like to do the same? Not only would this save us time and money, it's better for the environment too.

If you would, please let us know by sending an e-mail to newsletters@york-ia.org.uk and in future your newsletter will be delivered electronically.

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Welcome to our Spring newsletter, we hope you all had an enjoyable festive period and didn't suffer too much from the winter weather. We'd like to welcome a number of new members who have joined us since our last newsletter, and also some who, while not new to IA are new to York. Membership continues to grow steadily.

Spring Meeting – April 18th 2009

Our Spring meeting and AGM will be held at the New Earswick Folk Hall on Saturday April 18th. Doors will be open from 10.30am and we expect to finish at around 1.00pm.

Mr. Srinvas Chintapatla will be giving a talk about the delivery of care and information to stoma patients and is hoping to generate some discussion and gain feedback from our members on our experiences with this. Salts Healthcare will be present to give a demonstration of one of their latest products, Dermacol, We'll also have a report from, what promises to be a very busy and informative National Council meeting which takes place in early April.

Once more we are spending some of our funds and will be making a presentation to Sister Jackie Clemit of York District Hospital of a number of Valley Cushions and a stoma care training torso for use in the stoma care clinics and teaching courses.

We will have our usual raffle and a number of manufacturers will be in attendance with samples of their latest products, and their reps will be pleased to offer their advice on the products available.

A good number of new members have joined us in the last year and we'd love to meet up with some of you, and a special invite goes out to our younger members. If you would like to come along but find transport a problem, contact the Secretary or the Treasurer as a number of our members are happy to provide lifts so we may be able to organize something.

Autumn (2008) Meeting

After a slight hitch with a double booking of our room our Autumn meeting took place at the New Earswick Church Hall. Sadly many of the manufacturers were unable to attend due to a clash with the Open Day in Leeds. Despite this we still had a good attendance and one of our members, Jason Lumb came along and gave us a talk on living with Auto Immune Enteric Neuronitis. He gave a fascinating insight on how he copes with such a debilitating condition and still manages to do most of the things the rest of us do.

National Draw

Due to an administrative blunder tickets for the National Draw have only just recently been delivered to us. Some tickets should be included with



The ileostomy & internal pouch
Support Group

this mailing, as the closing date is approaching fast anybody who wishes to take part will need to return their stubs and payment to the treasurer as soon as possible. The tickets say the closing date is 11th April, but due to late delivery we will accept entries up to and including the 18th April (the date of our AGM).

We appreciate that not everybody likes this form of fund raising and if you have received tickets this time but do not wish to receive them in the future simply let the treasurer know and we'll take care of it.

Diary Dates

18th April 2009. - Spring Meeting/AGM at the New Earswick Folk Hall. Our normal meeting runs from 10.30am to about 1.00pm. There will be a demonstration by Salts Healthcare and a talk by Mr. Srinvas Chintapatla as well as a presentation to the York Stoma Care Clinic.

10th October 2009. – Coffee morning at Heworth Methodist Church with the usual cakes, bring and buy and produce.

24th October 2009. – Autumn meeting at the New Earswick Folk Hall, usual raffle and manufacturer displays and speaker to be announced from 10.30am.

York IA Online

York IA has finally joined the digital age with the launch of our own website. It is intended the website will be updated regularly and will be the ideal place to find the very latest news about York IA, local meetings and Open Days. The website can be found at www.york-ia.org.uk, please take the time to look around and if you have any suggestions for additional content you'd like to see let us know. If you have any hints and tips or stories you'd like to share, any fund raising events you'd like publicising let us know and we may be able to utilize the website to help.

Internal Pouch News

In November, IA organized its first Internal Pouch Information Day in London. The event was fully booked weeks in advance and was attended by a wide variety of people with interest in internal pouch surgery, there was a good mix of seasoned pouchies, those still learning to deal with their pouch and those considering surgery looking to find out more, added to this were a number of health care professionals looking to improve their skills in dealing with pouch patients. A day of talks and interaction was voted a resounding success by everybody involved and the organizers are looking to make this a regular event, hopefully moving it around the country.

Mobile Phone Recycling Project

Do you have an old mobile phone sitting in a drawer? With new phone contracts often offering a mobile phone upgrade many of us have old phones that are simply sitting in a cupboard, these can often be refurbished and used in the third world. Even non-working phones can be recycled, what is more recycling them can earn cash for York IA. If you have any old mobiles you no longer have use for please bring them along to our next meeting and we will use them to generate funds, if you cannot make it along to the meetings let us know as we can arrange for collection.

Subscriptions

Subscriptions for the year 2009 are now due, if you have not yet paid could please send your cheques (made payable to **York IA**) to the Treasurer as soon as possible. Rates are once again unchanged and are £12.00 per year for those under 60 and £8.00 for those aged 60 and above. Many of our members pay by standing order and if you wish to do the same please contact the treasurer for a form (these will be made available via the website shortly)